


Impact of Vision Loss on Seniors

11 million Americans have Age-Related Macular Degeneration

This number is expected to double by 2050

This is MORE than those expected to be living with all types of invasive cancers

Who has AMD?



2% of adults 50-59
30% of adults over 75


People with AMD are at least

8 times

more likely to have difficulty with

- Dialing a phone
- Managing finances
- Simple housework
- Shopping
- Preparing meals

Seniors with vision loss are 90% more likely to be depressed



leading to higher levels of disability, medical costs and mortality

Seniors with AMD are likely to give up daily activities because of their vision loss.

When they give up:

3 activities → 4 times more likely to suffer dementia

5 activities → 9.5 times more likely to suffer dementia

One study found that the risk of death among people who had difficulty performing basic daily tasks rose by 3% each year

That is a 31% higher mortality rate after 8 years

How can you help?

Vision Rehabilitation Training is the Answer!

A vision rehabilitation therapist can teach seniors how to do all their daily activities with vision loss. These dedicated professionals will share techniques and demonstrate devices that make tasks possible and even enjoyable again. With this training, seniors don't have to give up daily tasks and can even learn to enjoy new activities.

50% Seniors with AMD who participate in vision rehabilitation training have half the incidence of depression according to a study published in Ophthalmology

Contact Second Sense for information about vision rehabilitation training.
www.second-sense.org

Sources: Bright Focus www.brightfocus.org; American Academy of Ophthalmology aao.org; British Journal of Ophthalmology bjo.bjbm.com; HealthDay consumer.healthday.com